



## The P.E. Curriculum at North Nibley C of E Primary: A statement of intent



Physical Education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, development and knowledge of the body action. It provides opportunities for pupils to be creative, competitive and to face challenges as individuals and in groups and teams. It promotes positive attitudes towards active and healthy lifestyles. Pupils learn how to play, perform and evaluate actions, ideas and performances to improve their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity.

It is our intention, therefore, to provide a full and varied PE curriculum of at least 2 hours a week, though high-quality specialist teaching. We aim to deliver a meaningful physical education programme as a tool to aid all these areas of our children's development, rather than just to facilitate their physical growth. We believe that our programme will also promote such qualities as enjoyment, co-operation, enthusiasm and perseverance enabling pupils to reach their full potential.

In addition to committing to a specialist PE teacher, at North Nibley, we also reach out to involve other sports partners in providing additional opportunities, competitions and enrichment for our children. These partners include Gloucestershire County Cricket Club, Gloucester rugby club, Forest Green Rovers Football Club (where some of our children are ambassadors), and Wotton Hockey Club. We also intend to participate in a Hindu Dance work shop for KS2 in line with our commitment to enriching cultural links and understanding.

Through our Physical Education programme children will:

- Develop an ability to plan and compose, participate and perform, appreciate and evaluate the knowledge, skills and understanding required in a variety of related activities.
- Develop a knowledge of safety factors and an appreciation of the principles of safe practice within a variety of physical activities.
- Develop knowledge of their own bodies relating to movement and healthy growth.
- Be provided with opportunities to compete against their peers in inter and intra school events and competitions.
- Continue to fully support our School Sports Organiser(SGO) in attending as many School Games events as possible and any others opportunities offered by our local schools co-ordinator.