



Learning, Achievement, Faith & Fun!



NEWSLETTER 229

Friday 27th April 2018

On this day in 1838 the English steamship "Great Western" crossed the Atlantic.

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Dear Parents and Friends,

10 past two It's been a busy week Let's see what we can get into the newsletter in the next 20 minutes!

Our best wishes go to the Formula Goblin Go Kart team who are racing tomorrow, from 8:30 am (!) at Renishaw.

Congratulations to the Wildlife Quiz Team – our biggest team ever – winning through to the District Final.

Year 2 and Year 6 Parents – there is an opportunity to find out about your child's SATS. We are holding two meetings on Wednesday straight after school, one in Classroom 2 and one in Classroom 4.

Out and About



Classes 1 & 2 enjoyed a fabulous day out, visiting a mosque in Gloucester and the Cathedral straight after.

Catrina writes...

24-4-18 My School Trip
At 8:30 I got on the bus and went to Gloucester and I sat next to Harriet. When I got there I walked to the mosque.

When I went inside I had to take my shoes off because I needed to show respect.

Then I went into a room to learn about Muslims. I learnt that Muslims believe in a god called Allah. Muslim boys have to wear a dress and girls have to wear a scarf on their heads. They have a month of fasting which is called

PLEASE REMEMBER

If someone other than 'the usual' is collecting children at the end of the day, please let us know to expect this. A message with the office is the best practice, and the earlier in the day the better!

Ramadan. They can't eat or drink during day. They have to eat and drink at night and then go back to sleep.

Then we went into the cathedral.

The National Space Centre

18-4-18

Though it was a long journey we arrived at After a dreary coach journey we arrived at the Space Centre. We approached the building stepping on the footprints that were on the floor. We must have looked very peculiar!

Once inside, we were told to place our bags in a plastic tub with a ~~line~~ scribble on the side. Then we headed over to the first part of the museum. It consisted of many interactive objects mostly to do with science. I really liked this museum because they usually don't let you touch anything like as there you could touch everything. My favourite part was a semi-circle that you spin in one direction then turn it the other way and the substance inside it ripped: it was supposed to show how the weather occurred.

Next, it was time to enter the planetarium. At first glance the walls were covered in pillars and bookshelves in a domed room but if you looked closer it was all a projection. As everyone sat their seats, a man stepped onto the stage. He said that this show could make you dizzy and that if you wanted to leave you must tell your teacher for

you would not be let back in by a member of staff because it would be too difficult to see. During the show it felt like we were going forward and backward and round and round. I had thought I would have to leave but luckily the presentation was not to over-powering.

After that, everyone was starving so we decided to take a lunch break (I had a sandwich, a fruit breakfast bar and a carrot). Soon after a man came and told us that our workshop was ready. We went behind the scenes and got to a programme some Lego Mars Lego Mars rovers. I was in a group with Ruby and Amélie. We managed to activate the catapult and very nearly push the rocks.

Once that was over, we were free to ~~move~~ move around the centre in groups. Ms. Sunridge told us to get into pairs - I was with Alice; obviously. She also gave us worksheets to answer as we went round. In the first area ~~me and Alice~~ and Alice found this place where you ~~the~~ watch a video of Tim Peake being sent up to space. ~~Me, Alice and Alice~~ ended up being too ~~scared~~ nervous to watch it and had to watch at a safe distance.

Next we went up some lifts to the top of the building. It was so high ~~and~~ Once up, we used a simulator which was made to be like a real launch in a spaceship.

You had to do all these things before it was ready for blast off and I was so scared it was real.

After that, we came to the end of the trip. I was very disappointed it was over but I was sure that I would go again.

Thank you
Sylvie for your
words.

DIARY DATES HAVE BEEN ADDED TO THE SCHOOL WEBSITE. SEE http://www.northnibley.gloucs.sch.uk/school-diary/			
Saturday 28 th	Formula Goblin racing at Renishaw, 8:15 a.m.!		
Monday 30 th	Mountain Biking at Archway Bishop's Visitor - annual visit Teaching and Learning Committee (Governors) 6:30		
Tuesday 1 st MAY	1:00 - 3:15 North Nibley Choir Practice		
Wednesday 2 nd	SATS meetings for parents - see above.		
Thursday 3 rd	Multi-Skills Y1 & 2 9:45 - 11:15 at KLB Our Choir perform at the Wotton Music Festival, 6:00 St Mary's Church		
Monday 7 th	BANK HOLIDAY - NO SCHOOL		
SUMMER 2018 - Pupil days	AUTUMN 2018 - Pupil days	NEXT SPRING 2019 - Pupil days	NEXT SUMMER 2019 - Pupil days
Term 5 16/04/2018 - 25/05/2018	Term 1 04/09/2018 - 19/10/2018	Term 3 07/01/2019 - 15/02/2019	Term 5 23/04/2019 - 24/05/2019
Term 6 04/06/2018 - 24/07/2018	Term 2 30/10/2018 - 20/12/2018	Term 4 25/02/2019 - 05/04/2019	Term 6 03/06/2019 - 19/07/2019



The Virtual Bookbag <http://www.northnibley.gloucs.sch.uk/virtual-bookbag/> is updated late on Friday.
In it this week -

- Class Letters
- Caterlink Menu for Royal Banquet
- Uniform Sale
- Pulse Flyer

Finished! 2:35 pm.

Learning, Achievement, Faith & Fun!

Dear Parents,

Welcome back, it's hard to believe we are in the final term of the year! Our topic this term is 'Explorers' This topic has a Geography and History focus. We will be finding out about the adventures of both Christopher Columbus and Neil Armstrong. We will be developing our own exploring skills by using maps and compasses. As well as this we will help 'Explorer Bear' to build up his survival kit, recommending the best materials to use for certain items depending on their properties.

You've got to be in it to win it Class One will be continuing their home reading challenge this term. Each time your child reads their school reading book we ask that you make a record in their yellow reading diary. We will then be recording how many times your child has read each week. At the end of each half term we will count up the number of times read and there will be prizes! This is something I have introduced to help engage children with their home learning and increase the number of times children are reading at home.

Last term there were a number of children who had not one record of reading at home!

My expectation, especially as we enter in to the summer term, would be children reading at least 4 times a week at home, and preferably on a daily basis.

Reading books Please remember, reading books will be changed 2 to 3 times a week, we highly recommend that you read each book more than once. This helps the vocabulary stick in children's minds for the future, it also builds children's reading confidence as they will find it much easier the second time which lends itself to opportunities to start thinking about fluency, expression and asking questions about what children have read. **Children's reading and sound books should be in their book bag everyday even if they have not finished so that children can be heard read during school time. Each time you read please fill in your child's reading record as this helps us to know when books need changing.** Please remember it is equally important to continue practicing the phonics sounds and tricky words – even the ones you know well!

Show and tell is a valuable way of developing children's speaking and listening skills. It is useful if you can spend some time preparing your child's show and tell before they bring it in, perhaps come up with three interesting things to tell the class about their item. This certainly helps keep the listener interested and helps to support those who are less confident speaking in front of the class. Can I also remind parents that toys are not suitable for show and tell unless it is following a birthday. We have had a few slipping in to book bags over the past term.

PE and regular uniform We have PE on a Wednesday, Thursday and Friday. Please ensure PE kits are kept in school on children's pegs and **ALL** items are clearly labelled. Please help children by tying back long hair on these days. **Children will need a pair of shorts as well as a pair of long trousers for the colder weather. Please make sure children also have a pair of trainers.** May I take this time to remind you that ALL items of clothing needs to be clearly labelled? As the weather (hopefully) warms up, children will be increasingly taking off their coats and jumpers and these can easily get misplaced.

Mornings A gentle reminder that in order for your children to become more independent, we are expecting goodbyes to be said by the front door. I am, of course, available in the mornings for **urgent** messages, but recently these private conversations have been interrupted by the delivery of book bags and water bottles, which we believe the children should now be taking with them into the playground. I believe this summer term is the perfect time for us to help our children to become more independent as we prepare them for becoming Year 1s and 2s.

Supplies It would be helpful if parents could donate a box of tissues and kitchen roll at the beginning of each term if possible.

We are very grateful for any form of parental help that is offered. If you feel that you can help then please let us know. If your profession relates to our topic then we always welcome visitors to speak to the children.

You will need a DBS check and to fill in a volunteer helpers form this does take time to process therefore if you would like to be on our volunteer list please speak to Mrs Kirby and she can begin the process.

If you have any queries or concerns about your or school please do not hesitate to come in and see me after school.

Thank you
Miss Allen

Literacy

We're going on a Bear Hunt

Information texts on bears and our favourite animals.

Grammar –

Using capital letters and full stops consistently

Using 'and' to join two sentences

Adding 's' or 'es' for plurals

Using the suffixes 'ing' and 'ed'

Phonics-

Year 1 – Continuing phase 5

Reception – Phase 4

Explorers Summer 2018



Maths

Reception

Counting reliably with numbers from one to 20, place them in order and saying which number is one more or one less than a given number.

Use quantities and objects to add and subtract two single-digit numbers and count on or back to find the answer.

Solving problems, including doubling, halving and sharing.

Using everyday language to talk about size, weight, capacity, position, distance, time and money to compare quantities and objects and to solve problems. Recognising, creating and describing patterns.

Exploring characteristics of everyday objects and shapes and use mathematical language to describe them.

Year 1

Count, read and write numbers from 1-100 in numerals and words.

Use the language of more than, less than and equal to.

Use number bonds to 20 to aid with addition and subtraction.

Add and subtract two digit numbers to 20. Solve 1 step addition and subtraction problems.

Solve one step multiplication and division problems.

Compare, describe and solve measurement problems including weight, height, capacity time and money.

TOPIC

History – Find out about the adventures of Christopher Columbus and Neil Armstrong.

Geography – Using directional language and compass points. Locating the seven oceans and continents.

DT /Science – Investigating materials and their properties to help 'Explorer Bear' on his adventures.

P.E.

Games

Athletics

Computing (2nd half)

'Exploring' fonts, using text and images to communicate clearly

RE

A visit to Gloucester Cathedral and the Mosque.
Followers of Islam - how do they live?

Learning, Achievement, Faith & Fun!

Our topic this term

This term, we will be learning about famous explorers, in particular, Christopher Columbus and Neil Armstrong. This topic will include a mixture of History, Geography, Science and Art objectives. We intend to get our explorers role play area set up very soon, which will allow the children time to play on board a 'ship' and imagine what it would have been like as a sailor. We have our Showcase Assembly planned for Friday 13th July. We hope you can join us for our voyage back in time!

Year 1 Phonics Screening

All Year 1 children (unless exempt) will be taking the statutory phonics check on the week commencing Monday 11th June. It is designed to confirm whether pupils have learnt phonic decoding to an appropriate standard. The check consists of 20 real words and 20 pseudo-words that a child reads aloud to Miss Tyers. Therefore, it would be really helpful to continue going over the Phase 5 sounds taught so far in their red sound books and to read as much as possible! If you have any questions or would like to know more please see me at the end of the school day.

Year 2 SATs

As you may know, the time is rapidly approaching for the Year 2 SATs. The children will be taking these tests throughout the month of May in small groups. I can assure you that we will do everything we can to make these tests seem as normal as possible for the children, to reduce any anxiety or worries.

The 4 tests are:

- Maths Arithmetic (approx. 20 minutes)
- Maths Reasoning (approx. 35 minutes)
- Reading Paper 1 (approx. 30 minutes)
- Reading Paper 2 (approx. 40 minutes)

I will be holding a group meeting for parents within the next couple of weeks to discuss this in more detail and answer any questions you might have, so please keep your eye out for the letter!

PE

This term, the children will have PE on Thursdays and Fridays. Please ensure PE kits are kept in school on children's pegs and ALL items are clearly labelled. Children will need trainers for outdoor PE this term as they will be playing cricket on the field.

Summer Essentials

As the weather is beginning to get hotter, it is important that your child's school uniform is clearly labelled (particularly cardigans and jumpers). Your child will also need a sun hat, a water bottle and, if appropriate, sun cream to apply during break time.

Y1 Homework

- Read at least 4 times a week for 5 minutes.
- Recap the newly learnt phonics sounds from their red sounds book (which should always be kept in their book bags).
- Read the High Frequency words.
- Continue to work through the Maths Passport home booklets and use the links on the school website to play maths games related to their targets.

Y2 Homework

- Read at least 4 times a week for 5-10 minutes.
- Complete weekly phonics/spelling homework (Due in every Monday).
- Complete Maths Homework given out on a Friday and due in for the following Friday (unless otherwise stated).
- Continue to work through the Maths Passport home booklets, using the links on our website to play maths games related to their targets.

What a lovely start it is been to the Summer term already! I look forward to another term full of exciting, new learning opportunities and hopefully some nice weather for us to take our learning outside. If you have any comments or concerns about your child's learning, please do not hesitate to make an appointment to see me so we can discuss it further. Thank you for your continued support.
Miss A. Tyers

Famous Explorers!

Summer 2018



Literacy

- Descriptive/Persuasive advert writing
- Spring Poetry
- Recounts
- Story writing

Year 1 – Phase 5 revision

Year 2 – Phase 6 spelling scheme

Physical Education

Cricket and athletics

Computing

‘Exploring’ fonts, using text and images to communicate clearly.

Religious Education

We will be learning about Judaism this term. The children will learn about Jewish stories and identify objects that are special to Jews. They will learn about special Jewish celebrations and why these are celebrated.

Science

This term, the children will be learning about the basic needs of plants for survival and the impact of changing these. We will identify the main parts of plants and trees and understand how these parts work together to help the plant grow. They will also observe the main changes as seeds and bulbs grow into mature plants.

Topic

The children will develop their historical knowledge and understanding of the lives and significance of Christopher Columbus and Neil Armstrong. They will identify the kit needed for an expedition and compare the equipment taken by Columbus and Armstrong on their voyages. The children will discover navigation techniques and learn about the materials used by Columbus and Armstrong. We hope to have a visit from an inflatable planetarium to learn more about space AND go on a trip to Cheddar Gorge to put our navigational skills to the test and explore the caves!

Numeracy

Year 1

- Solving word problems using all 4 calculations.
- To tell and write the time to half past and o'clock.
- To know the names of each month in chronological order.
- Sequence events in order (next, first, today, yesterday).
- Position and direction

Year 2

- Solving 2-step word problems using all 4 calculations.
- To tell and write the time to 5 minutes.
- To compare and sequence intervals of time
- SATs (Arithmetic and Reasoning papers)
- Position and direction

Learning, Achievement, Faith & Fun!

Dear Parents,

Welcome back to school for the Summer term! This half-term our topic is about Victorians and after half-term we will be learning about Habitats. I am really looking forward to our trip this half-term where we will be visiting The Black Country Museum for a really fun, interesting and informative school trip! Further details about this trip will be in an upcoming letter. This will be a very busy term with all sorts of sporting events and the lead up to the Summer Production which is very exciting.

As always, your child will be sent home with a reading book every day, along with their Reading Diary. It is really important to encourage your child to read every day whether that is in their head or aloud to you or another member of the family. Children should write a short review of their thoughts and opinions in their Reading Diary when they have finished reading a book. Reading 'home' books is also encouraged so please keep up with this!

Homework will still be set on a Friday and expected in by the following Wednesday. I will still be looking for class work expectations in terms of the non-negotiables and presentation in homework so please remind your child of this whilst they are completing their homework. The routine for tests (times table, spelling and dictation) will continue on Fridays.


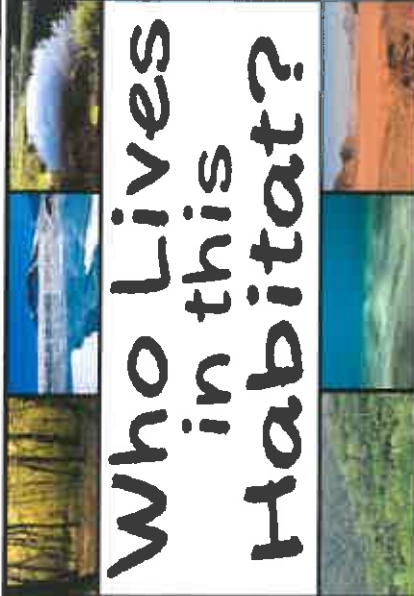
Class 3 will have PE lessons on Wednesday, Thursday and Friday. A full PE kit should therefore be in school for these days. This should include trainers for outdoor PE and all items should be named.

Finally, we would **love** to have more volunteer readers in Class 3 so if you do have some free time and would be willing to help, please see me to arrange a convenient time.

If you have any questions or concerns, please feel free to come and see me at the end of the school day to talk or to arrange a more convenient time.

Thank you,

Miss Parker

<p>English</p> <p>Historical stories (using Street Child by Berlie Doherty) Newspaper Reports Poetry Persuasive adverts</p>	<p>Maths</p> <p>Some examples given in brackets of coverage. Please refer to end of year expectation sheets for more details.</p> <p>Money (converting pounds and pence, adding, subtracting, giving change) Statistics (bar charts, tally charts, pictograms, time graphs) Time (12- and 24- hour, analogue and digital, durations of events, days in each month) Properties of shapes (classifying 2D and 3D including quadrilaterals and triangles, angles, symmetry, Y3: Mass and capacity (g/kg, ml/l, using decimals and fractions, adding and subtracting) Y4: Position and direction (using coordinates to draw shapes and describe movements)</p>
<p>History</p> <p>Who was Queen Victoria? Famous Victorians Victorian children at school and work Free time and leisure activities</p>	  <p>Who Lives in this Habitat?</p>
<p>Geography</p> <p>Climate Zones Biomes</p>	<p><i>What was life like in Victorians times?</i></p> <p>CLASS 3 SUMMER 2018</p>
<p>Science</p> <p>Magnets and Springs Habitats & Adaptations Keeping Warm</p>	<p>RE</p> <p>The impact of Pentecost for Christians How and why people mark significant events of life</p> <p>Spanish</p> <p>Days of the week / months of the year Birthdays Weather phrases</p> <p>Art</p> <p>Studying the work of William Morris</p>
<p>Computing (First half)</p> <p>Internet skills for research Working collaboratively. Use of PowerPoint – a 'virtual museum. Making hyperlinks. Internet safety, including "In The Net" presentation (Year 4)</p>	<p>PE</p> <p>Athletics Tennis Cricket</p>

Learning, Achievement, Faith & Fun!

Dear Parents,

Welcome back to the final term of this school year. I hope both you and your children had a relaxing Easter break (not too much chocolate!) and that they are looking forward to working hard throughout this term.

Our topic focus for this term is 'Forces' followed by 'Baghdad c.AD900'. As you will be able to see from the attached planning there are some exciting activities planned.

As always this term is packed with extra activities: preparation for the Year 6 SATs tests (week beginning 14th May); Formula Goblin; continuation of Monday lunches; a variety of sporting opportunities including 2 sports days and not to forget the now 'famous' summer production – the title of which is yet to be decided!

Homework Reminder

It is expected that children will read on a regular basis and will begin to keep their own reading log. Children are encouraged to post their book reviews online and will be taught how to do this.

Children are also encouraged to continue practising the times tables in order to increase the speed of recalling them and related division facts.

Spellings – instead of the printed list of words given on Mondays, I will be giving a spelling rule or focus for the children to practise over the week. The 'spelling test' on Fridays will then include random words (mainly taken from the statutory Yr 3 and 4, Yr 5 and 6 words lists) that follow these rules. Please support your child/children in practising a range of words that follow these rules. In doing this, I am hoping to move away from children just learning spellings for a test and actually learning the rules that can then be applied to a variety of words. The rules we will be covering will be rules we have already focused on this year.

In addition to the above your child/children will also be given up to 3 pieces of work a week, a piece of literacy, maths and a maths challenge or investigation. I anticipate that each piece should take between 15-20 minutes. All three pieces will be sent home on Mondays and should be returned on Fridays. I expect children to complete all tasks to the standard that I expect in class. Should they have any difficulties please feel free to support them, discuss it with me or make a note on the homework.

Occasionally an extra piece of research work may also be given to support learning in various areas of the curriculum.

PE

Children have PE or Games on Wednesdays, Thursdays and alternate Fridays and need in school clean and practical PE kit and appropriate footwear. As the temperature begins to rise children may keep a small roll on deodorant in their PE bag and it would be good practise for the kit to be taken home for washing on a regular basis!

If you feel able to offer your support with any area of the curriculum, please get in touch.

Please feel free to pop in to discuss any concerns.

Ms R Surridge

DT

Kite Making –
Investigating, designing and making kites (and of course flying!)

Art

People in Action
Children will explore how to convey movement in art.
Digital photos, line drawings, modelling using modroc

Science

Forces and motion

Types of force

- about the forces of attraction and repulsion between magnets, and about the forces of attraction between magnets and magnetic materials
- that objects are pulled downwards because of the gravitational attraction between them and the Earth
- about friction, including air resistance, as a force that slows moving objects and may prevent objects from starting to move
- that when objects [for example, a spring, a table] are pushed or pulled, an opposing pull or push can be felt
- how to measure forces and identify the direction in which they act.

Literacy

Fiction Writing
Persuasive writing
Note-taking
Technical and official language
Apostrophes
Using connectives to link ideas within sentences
Using commas to punctuate complex sentences

Numeracy

Standard methods of addition, subtraction,
Multiplication and division
Positive and negative numbers
Reflective Symmetry, rotation and translation
Standard metric measurements of length, weight and capacity
Reading and interpreting graphs

What Are Balanced and Unbalanced Forces?



Class 4 Summer Term 2018

ICT

Using the Internet for Research
Multimedia Presentation – using multimedia programmes to incorporate images, sounds and text.
Social Media – opportunities and risks
Multi-media with a purpose

PSHE

Maintaining personal hygiene
Safety Contexts
Personal Safety
Managing Change

RE

Key practises and belief of Islam

MUSIC

Music activities will be in relation to our Summer Performance.

History

Early Islamic civilisation - focusing on the development of Baghdad and how it became a centre of culture and learning circa.AD 900

PE

PE will be taught by Mrs Dixon on Wednesdays and Thursdays and alternate Fridays and will include athletics, cricket and tennis.

NORTH NIBLEY C. OF E. (AIDED) PRIMARY SCHOOL

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Website: www.northnibley.gloucs.sch.uk

25 April 2018

Dear Parents

As I am sure you are aware, internet safety of children across the UK has been in the news recently and continues to be a concern. We know that the best protection we can give to young people is knowledge of the dangers so that they are aware and can protect themselves, as well as letting them know where they can go for help and support with regards to Cyber Bullying.

In order to do this, we are presenting an interactive play to our Class 4 pupils on Friday 11th May 2018, which will tackle some of the issues around Safe Internet Use, Cyber Bullying and prevention of exploitation. The play is age appropriate and is called 'In the Net'. It will last for approximately 45 minutes and pupils will be provided with a support pack at the end of the production.

This activity is part of a pilot programme of work around raising and tackling the complex nature of Internet Use and is being supported by the Education and Learning Sub Group of the Gloucestershire Safeguarding Children Board (GSCB). We hope that this will be a memorable way to enhance their safe internet usage and help our young people to stay safe on-line.

We hope they enjoy the performance.

Yours sincerely

Miss Parker

Caterlink would like to celebrate the royal wedding with a special menu on Monday 14th May 2018.

The choices below will be given to your child in the morning as usual.

We hope they enjoy the Princely Feast.



Caterlink Royal Menu

14th May 2018



MAIN

Princely Pizza (Chicken, cheese)

VEGETARIAN

Princess Pasta (Macaroni Cheese)

SIDE

Windsor Wedges (Baked potato wedges)

VEGETABLES

Summer Salad (Mixed leaf salad)

DESSERT

Congratulations jewel sponge (iced Sponge)

Uniform Sale

We have a few items of uniform in school which we can offer for sale.

The items below are all new and can be sold on a first come, first served basis.
Please have cash available for these items.

Item	Size	Price	No
POLO SHIRTS	24" 4-5 Years	£3.50	3
	30" 8-9 Years	£3.50	1
FLEECES	7-8 Years	£5.75	1
REVERSIBLE COAT (Water proof)	5-6 Years	£7.75	2
SHOWERPROOF COAT (FLEECE LINED, NON REVERSIBLE)	7-8 Years	£7.00	3
SHOWERPROOF COAT (NO LINING)	5-6 Years	£6.00	3
	7-8 Years	£6.00	1
V NECK FLEECY JUMPERS	3-4 Years	£4.25	5
GINGHAM DRESSES	3-4 Years	£5.00	2
	4-5 Years	£5.00	2

We also have infant and junior book bags, water bottles, baseball caps and legionnaires hats in stock at all times.

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Terms and Conditions

For terms and conditions, please visit our website: www.pulsedursley.co.uk

Children under eight years of age must be accompanied by an adult in the water.

Please ask about our admission policy if you intend taking more than one child into the pool.

On busy public swimming sessions, we guarantee a minimum of 40 minutes unless otherwise stated.

The car park in front of the building and at Sainsbury's is free for up to three hours.

The management team reserve the right to cancel or amend the programme at any time.



thePulse
DURSLEY

Pool | Gym | Studio

01453 546441

hello@pulsedursley.co.uk

www.pulsedursley.co.uk

The Pulse Dursley, Pool & Gym,
Castle Street, Dursley,
Gloucestershire, GL11 4BS



thePulse
DURSLEY

Pool | Gym | Studio

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Swimming Pool

CHILDREN'S ACTIVITIES

Monday 28 May

6.30am-9.00am	Early Risers
9.00am-10.00am	Little Ducks Swim School
10.00am-10.45am	Aqua Zumba Exercise Class
11.00am-11.30am	Introduction to Water Fitness
11.30am-1.30pm	Public Swimming (D area unavailable 11.30am-1.00pm)
1.30pm-2.55pm	Twin Track Inflatable Fun (2 x 40 minute sessions starting at 1.30pm and 2.15pm)
3.00pm-3.40pm	Public Swimming
3.40pm-6.00pm	Junior Swimming Lessons
6.00pm-7.00pm	Aquatic Development Squad
7.00pm-8.00pm	Public Swimming

Tuesday 29 May

6.30am-9.00am	Early Risers
9.15am-10.00am	Private Booking
10.00am-11.05am	Disabled Swim Session
11.15am-12.00pm	Aqua Stretch Exercise Class
12.00pm-1.30pm	Public Swimming (D area unavailable)
1.40pm-2.20pm	Stepping Stones and Crazy Croc Inflatable Fun
2.30pm-3.30pm	Adults Only Swim Session (with a lane)
3.35pm-5.15pm	Junior Swimming Lessons
5.15pm-6.30pm	Public Swimming
6.30pm-7.15pm	Aqua Stretch Exercise Class
7.20pm-8.10pm	Ladies Only Swim Session
8.15pm-9.00pm	Lane Swimming (with Swim Fit)

Wednesday 30 May

6.30am-9.00am	Early Risers
9.00am-10.30am	Public Swimming
10.30am-11.30am	Parent and Toddler Swim Session
10.35am-11.20am	Aqua Tone Exercise Class
11.30am-12.30pm	Little Ducks Swim School
12.30pm-1.50pm	Public Swimming (D area unavailable 12.30pm - 1.30pm)
2.00pm-3.25pm	Aqua Glide Inflatable Fun (2 x 40 minute sessions starting at 2.00pm and 2.45pm)
3.40pm-6.30pm	Junior Swimming Lessons
6.30pm-7.15pm	Aqua Insanity Exercise Class
6.30pm-7.15pm	Public Swimming (Shallow end only)
7.15pm-9.00pm	Public Swimming

Key:

Public Swimming sessions

Booking advised

Thursday 31 May

6.30am-9.30am	Early Risers
9.30am-10.00am	Little Ducks Swim School
9.30am-10.00am	Introduction to Water Fitness
10.00am-11.00am	Adults Only Swim Session (with a lane)
11.00am-12.00pm	Private Booking
12.00pm-2.30pm	Public Swimming (D area unavailable 12.00pm - 1.00pm)
2.40pm-3.20pm	Stepping Stones and Submarine Inflatable Fun
3.40pm-6.30pm	Junior Swimming Lessons
6.30pm-7.30pm	Public Swimming
7.30pm-8.15pm	Adults Only Swim Session (with a lane)
8.15pm-9.00pm	Lane Swimming (with Swim Fit)

Friday 1 June

6.30am-9.00am	Early Risers
9.00am-9.30am	Little Ducks Swim School
9.30am-11.00am	Public Swimming
11.00am-11.45am	Aqua Tone Exercise Class
11.15am-12.00pm	Parent and Toddler Swim Session
12.00pm-1.30pm	Public Swimming (D area unavailable 12.00pm - 1.00pm)
1.40pm-2.20pm	Slippery Slide Inflatable Fun
2.30pm-3.00pm	Adult Swimming Lessons
3.00pm-3.45pm	Public Swimming
3.45pm-5.40pm	Junior Swimming Lessons
5.45pm-6.25pm	Aqua Zumba Exercise Class
6.30pm-9.00pm	Dursley Dolphins Swimming Club

Saturday 2 June

8.00am-9.00am	Junior Lifesaving Club
9.00am-10.45am	Junior Swimming Lessons
10.45am-1.40pm	Public Swimming
12.30pm-1.40pm	Lane Swimming (during Public Swimming)
1.45pm-3.10pm	Stepping Stones and Crazy Croc Inflatable Fun (2 x 40 minute sessions starting at 1.45pm and 2.30pm)
3.30pm-8.00pm	Closed for Private Parties

Sunday 3 June

7.15am-8.55am	Public Swimming (with a lane)
9.00am-11.15am	Junior Swimming Lessons
10.10am-4.00pm	Public Swimming (Lessons take place in 'D' area 10.10am-11.15am and 3.30pm-4.00pm)
4.00pm-5.00pm	Aquatic Development Squad
5.00pm-6.00pm	Lane Swimming (with Swim Fit)
6.00pm-8.00pm	Triathlon Club

Drop off and collection point is at The Pulse. Please make sure you send your child with a packed lunch and a drink.

FUN AND GAMES DAY

Date: Tuesday 29 May
Time: 9.00am-4.00pm **Price:** £20.00
Suitable for: Children aged 5-12 years



A fun-packed day involving a variety of sports, team games, relays and spending time with your friends. This day includes a water session, so please bring your swimming kit.

FOOTBALL DAY

Date: Wednesday 30 May
Time: 9.00am-4.00pm **Price:** £20.00
Suitable for: Children aged 5-12 years



Practice your football skills, learn new techniques and take part in some fitness training, before putting your skills to the test in a match against your friends.

PULSE WIPEOUT

Date: Thursday 31 May
Time: 9.00am-4.00pm **Price:** £20.00
Suitable for: Children aged 5-12 years



A high-octane day for all those mini ninja warriors. This day will involve obstacle courses, challenges and a swim session with the Pulse Twin Track.

GROUP BOOKING OFFER



Receive a 10% discount when booking siblings into the same activity day.

May Bank Holiday Fitness Classes

Monday 28 May

9.10am-10.00am	Combat
10.00am-10.45am	Aqua Zumba
10.05am-10.55am	Fit Ball
11.00am-11.30am	Introduction to Water Fitness
11.00am-11.45am	PIYo
5.00pm-5.40pm	Barre
5.45pm-6.30pm	Zumba
6.00pm-6.45pm	Spin
6.30pm-6.50pm	Core Blimey
7.00pm-8.00pm	Circuits

May Bank Holiday Gym Opening Times

Monday 28 May 6.30am-8.00pm

SUMMER HOLIDAYS

Our summer activities are also available to book! Pick up our Summer Programme for more details